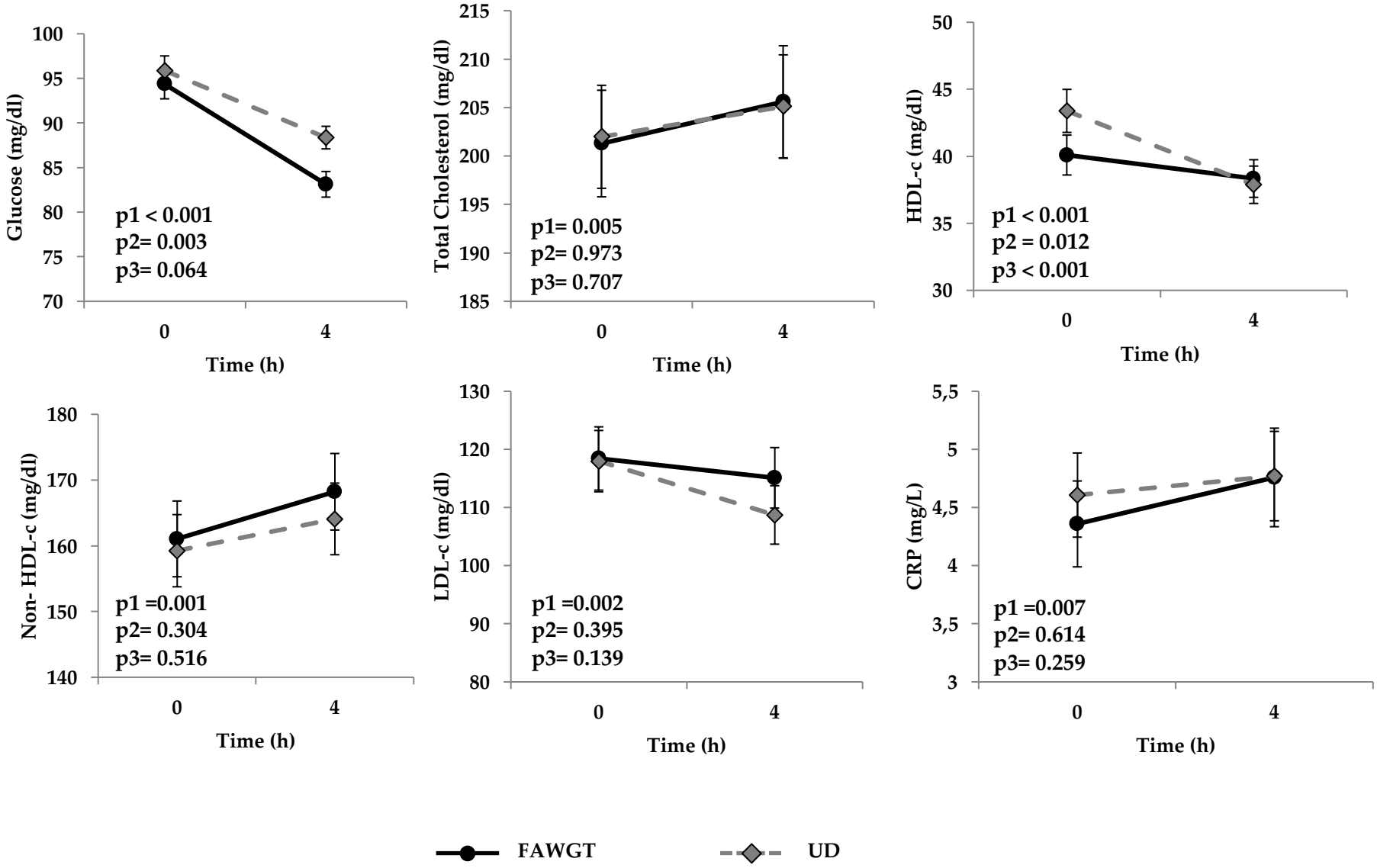

Figure S2. Acute postprandial effect of dietary intervention on other biochemical variables. Results correspond to the postprandial study performed the first day of each dietary period. Values are shown as mean ± S.E.M and the analysis corresponds to an ANOVA of repeated measurements, where p1= time, kinetics after 4 hours; p2= diet influence; p3= the interaction of the two factors (diet vs time). FAWGT: Diet based on fruit, avocado, whole grains and trout; UD: Usual diet.; TG: